



## COMMON INTERVIEW QUESTIONS

Flip this card to read some **questions** you might be asked during an interview.



**Tell me a bit about yourself.**



**Why are you interested in this job?**



**What do you know about our company?**



**What would others say about you?**



**What are your strengths?**



**What are your weaknesses?**



**What are your goals for the future?**



**What did you like or dislike about your last job?**



# HOW TO PREPARE FOR A JOB INTERVIEW

Flip this card to read some **tips** to help you prepare for a job interview.



Get the **details** of your interview in advance:

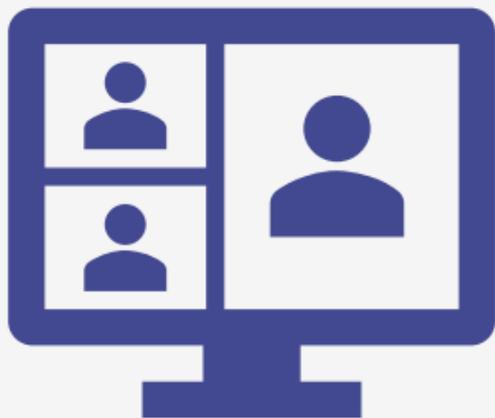
- Name and address of the company and how to get there
- Date and time of the interview
- Name and title of the interviewer
- Anything you need to know about the building itself (such as physical barriers or restrictions)

Prepare yourself:

- Choose a good outfit
- Decide what to bring with you
- Know how to get there
- Prepare mentally (take a deep breath and remember it's okay to feel nervous about an interview)

If needed, ask about accommodations:

- Find out who is in charge
- Make the request as soon as possible
- Remember, you're entitled to accommodations!



# HOW TO PREPARE FOR A VIDEO JOB INTERVIEW

Flip this card to read some **tips** to help you prepare for a video job interview.

Check your interview invitation for **details** of your interview :

- You will get an email invitation with the date, time, and names of the people invited
- Check which video conferencing software you will need to use (you may need to download it)
- Set a reminder to join the interview 5 minutes early



Check your set-up:

- Software – do you know how to use all the functions?
- Device – is it fully charged?
- Internet connection – check your bandwidth; close other programs
- Camera – is it working and well positioned?
- Microphone and speakers – are they working?
- Assistive devices (if using) – will they work with the software?
- Is your area tidy? (you can use a virtual background if you like)



## BUILD YOUR MARKETING STORY

Your **marketing story** is the story of you, what you're good at, and why you'd be good for a job. Flip this card to learn how to build a marketing story.

**Answer the questions below to create your marketing story.**

**1**

**What do you like to do?**

---

**2**

**What makes you good at it?**

---

**3**

**Why is it important to you?**

---

**4**

**How would you like to build on this interest?**

---

**5**

**How does this make you great for a job?**

---



# REFRAME NEGATIVE THOUGHTS

Flip this card to read  
some **tips for reframing**  
negative thoughts into  
positive thoughts.

## Reframe it!

### Negative

### Positive

I never get things right. I make so many mistakes.

It's fun to try things. I learn from mistakes!

If I don't do everything perfectly, I'll get fired!

No one expects me to be perfect. Perfect people aren't real!

Nobody wants to hire me. I have no experience.

I have life experience. That counts!

I don't think my co-workers like me.

My co-workers don't know me yet.

People point out how I'm different.

People respect how I'm different.

It's not worth trying to get a job.

With a job, I'll be part of a team.

I've tried before and it didn't work.

Maybe I can get some help this time.



# USE THE STAR METHOD TO ANSWER INTERVIEW QUESTIONS

Flip this card to learn about the **STAR method** for answering behavioural interview questions.

The STAR method is great for answering questions that start with “Tell me about a time...”

## STAR stands for:

<b>SITUATION</b>	What was the situation? Where were you? Who was involved? What were you working on?
<b>TASK</b>	What task did you need to complete? By when? What were your responsibilities?
<b>ACTION</b>	What action did you take? How did you take it?
<b>RESULT</b>	What was the result of your action? What skills did you gain as a result?

**EXAMPLE:** It was busy at the store and our team needed to serve multiple customers at once. We figured out a good system for serving them quickly. Our manager was very happy!



# PREPARE FOR YOUR FIRST DAY ON THE JOB

Flip this card to read some **tips** to help you feel prepared for your first day on the job.



## Be at work **on time**:

- Plan to get there 10–15 minutes early
- Make sure you have transportation
- Calculate how long it will take to get there, and when you have to leave your home

## Bring what you need:

- Pack a bag with items you might need (pen, paper, water bottle, mask, lunch or lunch money)

## Wear a nice outfit:

- Find out in advance what people are expected to wear on the job
- Remember to shower and brush your teeth before you leave
- Make sure your clothes are clean and unwrinkled

## Know who to ask for:

- Remember the name of your manager or supervisor
- Ask for directions if you need to